



**PATHWAYS TO COMMUNITY SAFETY, HEALING AND WELLNESS**  
**2022 TRAINING DATES AND SESSION DESCRIPTIONS**



<p><b>February 23: Session One: Building on the Strengths of Your Community</b></p> <ul style="list-style-type: none"> <li>• What is Collective Efficacy? Why is it important?</li> <li>• What is the purpose of this project? What have we done so far?</li> <li>• Group Activity: What are your neighborhood's strengths and weaknesses? How do they impact crime and violence and community mental health?</li> <li>• Engagement Activity: Take photos of community characteristics that contribute to and/or alleviate violence and community mental health</li> </ul>	<p><b>March 23: Session Five: Safety and Roles of Police and Community in Intervening</b></p> <ul style="list-style-type: none"> <li>• Safety as part of addressing neighborhood problems</li> <li>• Speaker from City Violence Prevention Office</li> <li>• Review of Youth's Engagement Activity: Discussion of Ideas for Community Project</li> <li>• Engagement Activity: Communication and Intervention</li> <li>• Engagement Activity-Youth: Developing Presentation of Photos and Ideas for Community Project to discuss with and present to community resources</li> </ul>
<p><b>March 2: Session Two: Collective Efficacy and its Effects on Violence Prevention &amp; Community Mental Health</b></p> <ul style="list-style-type: none"> <li>• Discussion of violence, and community mental health issues in your neighborhood: Speakers from City of Pittsburgh and community organizations</li> <li>• Relationship Building Discussion and Role Play Activity</li> <li>• Engagement Activity on Building Relationships with your Neighbors</li> </ul>	<p><b>March 30: Session Six: Active/Effective listening and non-violent communication skills</b></p> <ul style="list-style-type: none"> <li>• The importance of Community Resources: Review Engagement Activity</li> <li>• Active/effective listening and non-violent communication skills <ul style="list-style-type: none"> <li>○ importance when intervening</li> <li>○ importance when supporting those impacted by community violence related trauma</li> </ul> </li> <li>• Role play: Active Listening/Non-violent communication skills</li> <li>• Preparing for Session Seven: Youth show and practice draft presentation on ideas for Community Project</li> </ul>
<p><b>March 9: Session Three: Non-threatening Peaceful Intervention Principles and Strategies: Part One</b></p> <ul style="list-style-type: none"> <li>• Engagement Activity from Session One: Discussion of pictures</li> <li>• Videos from ABC's "What would you do?"</li> <li>• How to intervene in neighborhood problems in a respectful and restorative manner</li> <li>• Engagement Activity-Youth: Gather Ideas for the Community Project</li> <li>• Engagement Activity-Adults: Building Relationships with Neighborhood Youth</li> </ul>	
<p><b>March 16: Session Four: Non-threatening Peaceful Intervention Principles and Strategies: Part Two</b></p> <ul style="list-style-type: none"> <li>• Discussion of Engagement Activities from Session Two and Three on Relationship Building</li> <li>• Violence Prevention and Trauma</li> <li>• Role Play: Intervening in Neighborhood Problems and Issues in a respectful manner</li> <li>• Engagement Activity: Community Resources</li> </ul>	<p><b>April 6: Session Seven: Community Resources and Indirect Intervention</b></p> <ul style="list-style-type: none"> <li>• Presentation and Q&amp;A session with Community Resource Representatives</li> <li>• Youth Presentation of photos and ideas for community project</li> <li>• Large Group Discussion of Ideas</li> <li>• Discussion of Next Steps for Community Project</li> </ul>